

# STATE BOARD OF SUBSTANCE ABUSE AND MENTAL HEALTH

Minutes of November 6, 2007

Utah Department of Human Services

Salt Lake City, Utah

## Attended:

### Board Members:

Dr. Michael Crookston, Chair  
Paula Bell, Vice-Chair  
Dr. James Ashworth

Nora B Stephens  
Lou Callister

### Excused:

Joleen Meredith  
Darryl Wagner

### Staff:

Mark Payne  
Ron Stromberg  
Dallas Earnshaw

Holly Watson  
Jan Fryer

### Guests:

Angela Smart

AGENDA	DISCUSSION	RECOMMENDATIONS/ACTION
Welcome and Introductions	Dr. Crookston opened the meeting and welcomed those in attendance. Introductions were made.	
Approval of September 11, 2007 Meeting Minutes		Nora B moved that the September 11, 2007 meeting minutes be approved as written. Motion seconded by Lou and approved unanimously.
Update on 2008 Legislature	Mark reported that the Governor's budget should be released the first week of December and indicated that it is not yet known how, or if, the Division's budget requests will be prioritized. Division leadership briefly reviewed the three building block requests that were submitted. A document outlining legislative bills of interest was also distributed and reviewed.	An update on the Division's budget requests and proposed legislation will be provided at the January 8 <sup>th</sup> Board meeting.
2007 SHARP (Student Health and Risk Prevention) Statewide Survey	Craig PoVey distributed and reviewed a copy of the Prevention Needs Assessment (PNA) Results from the 2007 SHARP Survey. The full version of the report is available on the Division's website. Craig reported that the survey is administered to about 45,000 students in grades 6, 8, 10 and 12 in 38 school districts across Utah and is conducted in the spring of odd numbered years. The survey is broken out by age, gender and ethnicity. The PNA Survey was designed to assess adolescent substance abuse, anti-social behavior, and the risk and protective factors that predict these adolescent problem behaviors. Craig reviewed the four types of charts presented in the report which include, 1) substance use charts, 2) antisocial behavior and gambling charts, 3) risk factor charts, and 4) protective factor charts. In addition to the 2007 results, the charts also compare the results for 2003 and 2005. Craig noted that an aggressive stance will be taken to continue with the past SICA (State Incentive Cooperative Agreement) Project. He reported that Nora B Stephens chaired the State Advisory Council for this project which played a major role in moving the entire prevention system to rely on the data to drive what prevention services have accomplished. Craig indicated that the next steps will be to work with mayors, city councils, and community boards throughout the state to review the data with the intent being to help people understand the significance of the data and get the various communities in the state energized to move forward in their areas.	FYI.
DVD Media Campaign Review	Craig updated the Board on Division initiatives related to media campaigns for underage drinking. He referred to the EASY (Eliminate Alcohol Sales to Youth) legislation passed in 2006 which provided funding for one or more media and education campaigns designed to reduce underage drinking as well as a Coordinating Council to provide ongoing oversight of any media and education campaigns that are funded. Craig reported that television and radio campaigns have been developed and have resulted in excellent reviews. The TV campaigns were then shown to the Board.	FYI.

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UCAD (Understanding Chemical Addiction Disease) Video on Prescription Drug Abuse	Lou Callister introduced a DVD on prescription drug abuse, developed by the Edward G. Callister Foundation. The DVD was shown to the Board. It was reported that the DVD will be distributed at the Critical Issues Conference on November 8-9.	Copies of the DVD will be made available for Board members at their next meeting.
UBHN Report	<p>Angela Smart provided an update on the ongoing issues that continue to be negotiated with the merger of UBHN (Utah Behavioral Healthcare Network) and UAC (Utah Association of Counties). UBHN continues their efforts to keep elected officials informed on UBHN issues. UBHN maintains five commissioners on their Board, however, at the last meeting of the Utah State Association of Commissions and Councils, the members voted to add five stand-by members to the UBHN Board. The UBHN Fall retreat will be held November 14-16 in St. George, concurrent with the UAC Conference. A business meeting involving UAC and UBHN will be held during this time, and it is expected that UAC will vote on the by-law changes to formally incorporate UBHN into the UAC organization.</p> <p>Angela reported that Ron Perry, Director of Northeastern Counseling will retire the end of December 2007; Kyle Snow is Acting Director until the director's position is filled. Harold Morrill, Director of Weber Human Services is retiring the end of June. The position should be filled in December to allow for some transition time prior to Harold's retirement date.</p> <p>Angela briefed the Board on the difficult financial situations which some of the centers have experienced over the last year. Wasatch Mental Health has cut approximately 30 FTE's from their staff and has restructured their organization. Valley Mental Health has cut approximately 65 FTE's, some of which was done through attrition. Job descriptions have been rewritten and units reorganized.</p> <p>Angela briefly discussed issues with a new State Medicaid rule that will become effective December 1, 2007. The new rule disallows the centers to pay the Medicaid spend down to assist clients in becoming Medicaid eligible for services. She noted that this new rule is a serious problem and will impact how services are delivered and paid for.</p> <p>Mark Payne recognized Angela for all of her efforts in continuing to carry out the work of the UBHN organization as the Executive Director and sole employee of the organization.</p>	FYI.
State Hospital Report	<p>Dallas reported that the State Hospital will become a tobacco-free campus on November 15<sup>th</sup> during the annual Great American Smokeout. The Department of Health and the American Lung Association will visit the State Hospital on November 20<sup>th</sup> to present the State Hospital with a plaque.</p> <p>Dallas reported that the legislative auditors have actually left the Hospital and are now completing a draft report of their findings. The draft should be ready sometime in December, and the Hospital will be provided an opportunity to review and respond to the report prior to being finalized.</p> <p>Dallas indicated that the request to the State Building Board to replace the MS Building Pediatric Complex was moved from #22 to #4 on the Building Board's priority list. Dallas noted that</p>	FYI.

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State Hospital Report (continued)	<p>concerns have been expressed from some advocates and others about children residing in the State Hospital rather than in home community-based treatment facilities. However, noted that overall, the current building needs are significant.</p> <p>Hospital staff will be meeting with Department leaders to present a long term strategic plan for the recruitment and retention of clinicians and nurses at the State Hospital.</p> <p>Dallas expressed thanks and appreciation to Paula Bell for her assistance in organizing a visit by Representative David Clark to the State Hospital and noted that the Hospital will continue pursuing other legislators to visit as well.</p>	
Substance Abuse and Mental Health Funding Formulas	<p>Dr. Ashworth, at the last meeting, requested that the Board begin some discussion on the funding formulas for mental health and substance abuse to determine whether or not there is a need to make any adjustments. Statute and rule on both funding formulas were sent to the Board prior to the meeting for their review. Tracy Luoma provided a brief introduction on the formulas and explained what occurs once the legislature has allocated funding that is to be distributed to the local authorities through the funding formulas. It was mentioned that the mental health funding formula was adjusted approximately six years ago prior to the merger of the two divisions and appears to be working well; however, it was noted that it may be useful to revisit the rural differential component of the formula. The current substance abuse funding formula has not been adjusted in many years. Brent reported that with the substance abuse funding formula, money is distributed 40% based on population and 60% based on the Incidence &amp; Prevalence (I &amp; P) Data. He indicated that the 40% distribution based on population is updated every year; however, the 60% I &amp; P distribution is much more difficult to update and has not been updated in several years. He suggested that when addressing the formula for necessary adjustments, that survey data such as the I &amp; P is not considered due to the expense, complexity, and the high error rates. Brent noted that committees have been formed in the past to review and make recommendations on the substance abuse funding formulas; however, because of the complex issues involved in developing an equitable and fair formula, this process has not been pursued. Brent mentioned the possibility of identifying an outside consultant to study the issues, gather information, and provide three possible scenarios and timelines for implementation.</p> <p>There was further discussion by the Board in determining what the next steps should be to address the issues discussed. Dr. Ashworth clarified that the Board is responsible for the funding formulas and have the latitude to apply the formulas, and that based on the information provided, that the substance abuse funding formula needs to be dealt with.</p>	<p>The Board agreed that the following issues with the funding formulas need to be addressed: 1) I &amp; P Data for the substance abuse formula has not been updated in over 16 years, 2) there is a base identified in the substance abuse formula for centers to have, which is not supported in statute or rule and, 3) the substance abuse funding formula and the mental health funding formula have rural differentials in rule that are not the same; there is a question about whether or not the rural differential should be the same.</p> <p>The Board directed Division staff to determine the best mechanism to begin developing various funding formula scenarios for input and review by the Board.</p> <p>The Board requested that Division staff provide an update at the next meeting relative to what has occurred per their direction.</p>
2008 Draft Meeting Schedule	A draft of the 2008 meeting schedule was provided to the Board for their review. The schedule was discussed by the Board.	Dr. Ashworth moved that the board accept the draft meeting schedule as discussed. Motion seconded by Paula and approved unanimously.
Adjournment		Dr. Ashworth moved that the meeting be adjourned. Motion seconded by Paula and approved unanimously.